



3-day First Aid at Work course

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Delegates receive certificate valid for 3 years.

Nigel Baraclough's "First Aid Made Easy" A4 Colour First Aid Manual.

Suitable for: Low to high risk workplaces. No previous training or qualifications required.

Duration: 18 hours over 3 days.

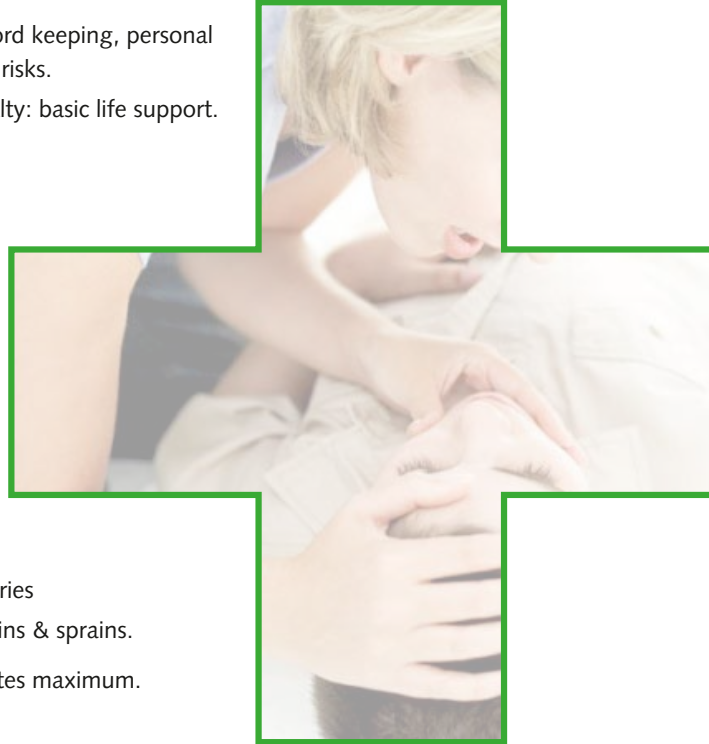
Content: HSE regulations, record keeping, personal hygiene, kits & cross infection risks.

Care of the unconscious casualty: basic life support.

Recognition & treatment of:

- + Breathing disorders
- + Shock & fainting
- + Heart conditions
- + Stroke
- + Adult seizures/fits
- + Diabetes
- + Severe bleeding
- + Burns
- + Poisons
- + Specific major & minor injuries
- + Fractures, dislocations, strains & sprains.

Delegate numbers: 12 delegates maximum.



Rutherford Training Consultants
providing First Aid at Work training

in conjunction with

Accident & Emergency

*Accident & Emergency are approved by
the HSE for the provision of
First Aid at Work training,
HSE Approval number 22/98.*

First Aid at Work refresher course

Upon successful completion of the course assessment the delegate will be a qualified for a further 3 years.

1. Delegates must fax us their valid First Aid at Work certificate, at the time of course place booking. If their certificate is lost, they should contact the organisation that they previously trained with for a copy. Their certificate must hold validity until at least day 1 of their 2 day Refresher course.
2. The delegate must show their valid certificate at course registration on day 1.

We must abide to the above stipulations in line with our HSE Approval to run First Aid at Work courses. Failure to comply, to these stipulations, may prevent any delegate/s from re-certification.

Delegates receive certificate valid for 3 years.

Nigel Baraclough's "First Aid Made Easy" A4 Colour First Aid Manual.

Suitable for: holders of a valid certificate, issued by any HSE approved organisation.

Duration: 12 hours over 2 days.

Content: An update on changes that have taken place since the delegate's last course.

Delegate numbers: 12 delegates maximum.

Emergency First Aid at Work

To train a nominated person who will take charge in the event of illness or accident when a fully qualified First Aider is not mandatory. First Aiders, at larger organisations, can benefit from this additional support.

Delegates receive certificate valid for 3 years.

Nigel Baraclough's "Emergency First Aid Made Easy" A5 Colour First Aid Manual.

Suitable for: Low-risk workplaces as the minimum training as stated in the ACOP L74.

Duration: minimum 6 hours, 1 day non-assessed.

Content: HSE Regulations, record keeping, personal hygiene, kits & cross infection risks. Care of the unconscious casualty: Basic Life Support.

Recognition & treatment of:

- + Shock & Fainting
- + Heart Conditions
- + Stroke
- + Adult Seizures
- + Diabetes
- + Severe Bleeding & Burns
- + Fractures, Dislocations, Strains & Sprains.

Cost: 16-20 delegates maximum.



Automated External Defibrillator Training

Suitable for: Low to High Risk workplaces. No previous training or qualifications required.

Delegates receive certificate current validity is set at 1 year.

Nigel Baraclough's "CPR & AED First Aid Made Easy" A5 Colour First Aid Manual.

Duration: initial course duration 4 hours.

Refresher course duration of 2 hours for those who hold a current AED certificate.

Content: Care of the unconscious casualty: Basic Life Support.

Recognition & treatment of:

- + Angina & heart attack.
- + Theory & practical aspects of AED use.

Delegate numbers: Currently 6 delegates per Instructor according to most recent ERC Guidelines.

Paediatric Basic Life Support.

Once the set course syllabus has been completed, all courses will include Paediatric Basic Life Support. We prefer to ensure that all First Aiders, trained through Rutherford Training Consultants, are fully competent & confident in dealing with all emergencies & all casualties. We also provide Paediatric First Aid courses run in line with Ofsted's stipulations. Please enquire for full details.



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